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Syllabus

SCHOOL OF HEALTH & SOCIAL SERVICES

COUN 687: Treatment of Addictions: Individual, Group, and Family Addictions Counseling using ASAM Criteria

5 Credits Effective: Winter 2022 Grading Type: Decimal

Access to the Internet is required. All written assignments must be in Microsoft-Word-compatible formats. See the library's APA Style Guide tutorial for a list of resources that can help you use APA style.

Faculty Information

Professional experience information for instructors is found under *Syllabus, Schedule, and Course Team* in the online course menu.

Contact Information

Contact information for instructors is found under *Syllabus, Schedule, and Course Team* in the online course menu.

Course Description

Using evidence-based practice, students develop conceptual knowledge and practical skills to diagnose and treat substance abuse disorders. This course covers screening, assessment, and diagnoses, as well as determining American Society of Addiction Medicine (ASAM) placement criteria and level of care. Students learn the appropriate treatment modalities for individuals,

groups, and families. Co-occurring disorders and trauma are also addressed. Students will receive a packet of materials from the instructor at the beginning of the course.

Course Resources

Required and recommended resources to complete coursework and assignments are found on the course <u>Reading List</u>. Access is provided through the *Reading List* link in your online course as well as from the library homepage ("Find Your Reading List" button).

Note: Required resources that must be purchased by the student are tagged "Purchase from a vendor of your choosing." Required resources with a direct link, "Available through CityU Library", are available electronically at no cost to students.

Course Outcomes

This course will prepare students to:

- Apply ASAM criteria in the placement of clients within the continuum of care of substance abuse treatment.
- Demonstrate skills in the use of assessment and screening tools in the diagnosis of substance use and co-occurring disorders.
- Explain and contrast basic theories, approaches, and evidence-based practices related to counseling individuals, groups, and families with substance use disorders.
- Explain how gender, ethnicity, age, disability, sexual orientation, and other characteristics influence the experience of substance use disorder treatment.
- Develop planning and facilitation skills to provide group treatment to clients with substance use disorders.
- Create treatment plans for individual clients and families dealing with substance use disorders.

CORE CONCEPTS, KNOWLEDGE, AND SKILLS

- ASAM Criteria
- Assessment, screening, and diagnosis
- Co-occurring disorders
- Cultural competency
- Family treatment
- Group interventions
- Individualized treatment plans
- Motivational Interviewing
- Substance Use Disorder Counseling

Grading Scale

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The grades earned for the course will be calculated using City University of Seattle's decimal grading system, found in the current University Catalog (<u>https://www.cityu.edu/catalog/</u>).

Grading rubrics with details on how each assignment will be graded are located under *Assignments* and/or in *My Grades* in the online course menu. Students should review the rubric for each assignment prior to completing their work in order to understand how it will be assessed.

Course Assignments and Grading

You may include a table with an overview of all grading in this section if you wish to. In the new curriculum system each item is created with a title and text box so there is some flexibility in how assignment information is structured. Consistency within a program is recommended.

For the Curriculum Committee please also include the detailed rubric for each assignment in this document.

CityU's Standard Graduate Rubric Scale

% of Grade	Graduate Percentage Scale	0.00 - 68.74%	68.75 - 86.24%	86.25 - 93.74%	93.75 - 100%
	Graduate Scaled Score	0.0 - 1.5	1.6 - 2.9	3.0 - 3.5	3.6 - 4.0
		Below Standard	Approaching	At Standard	Exceeds Standard
			Standard		

Modual Quizzes (75% of grade)

Students will complete a quiz after each course module to reinforce the course materials and assess students' ability to identify and apply course concepts to case-based scenarios. Students must receive 80% on the quizzes to progress to the next course module.

Final (25% of grade)

Students will take a final examination at the end of the course, applying their knowledge and skills through multiple choice questions and several case scenarios. The exam will test the student on the content that will be required for the student to prepare for the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) National Certification for Addiction Counselors or the International Certification and Reciprocity Consortium (ICRC)

Certified Addiction Counselor Level II or higher examination. Students must receive 80% or higher on the final exam to pass the course

Course Policies

Include any program-level course policies in this section.

Course policies on topics such as *Late Assignments, Participation,* and *Professional Writing* are found under *Course Information* in the online course menu. Students are responsible for reviewing and applying these policies while enrolled in this course.

University Policies

Students are responsible for understanding and adhering to all of City University of Seattle's academic policies. The most current versions of these policies can be found in the <u>University</u> <u>Catalog</u> that is linked from the CityU Web site.

Antidiscrimination

City University of Seattle and its staff and faculty are committed to supporting our students. We value equity, diversity, and inclusion as a way of life as well as the educational opportunities it provides. City U will not tolerate any form of discrimination based on race, color, ethnicity, sexual orientation, gender identification, socioeconomic status, or religious values. If you have experienced any discrimination based on any of the above, we encourage you to report this to the University. Please report this to your instructor. If you do not feel safe reporting this to your instructor, please report to the Provost or to the Vice President of Student Affairs.

Non-Discrimination & Prohibition of Sexual Harassment

City University of Seattle adheres to all federal, state, and local civil rights laws prohibiting discrimination in employment and education. The University is committed to ensuring that the education environment is bounded by standards of mutual respect and safety and is free from discriminatory practices.

In the U.S., the University is required by Title IX of the Education Amendments of 1972 to ensure that all of its education programs and activities do not discriminate on the basis of sex/gender. Sex include sex, sex stereotypes, gender identity, gender expression, sexual orientation, and pregnancy or parenting status. Sexual harassment, sexual assault, dating and domestic violence, and stalking are forms of sex discrimination, which are prohibited under Title IX and by City University of Seattle policy. City University of Seattle also prohibits retaliation against any person opposing discrimination or participating in any discrimination investigation or complaint process internal or external to the institution. Questions regarding Title IX, including its application and/or concerns about noncompliance, should be directed to the Title IX Coordinator. For a complete copy of the policy or for more information, visit https://my.cityu.edu/titleix or contact the Title IX Coordinator.

In Canada, in compliance with the British Columbia Human Rights Code, the Alberta Human Rights Act, WorksafeBC, and the Workers' Compensation Board of Alberta, the University

believes that its environment should at all times be supportive and respectful of the dignity and self-esteem of individuals. Discrimination, harassment and bullying conduct, whether through person to person behaviour or via electronic communications such as email or social media is not acceptable and will not be tolerated. As an educational institution, it is our responsibility to cultivate an environment of excellence, equity, mutual respect and to recognize the value and potential of every individual. The University will take all necessary steps to meet or exceed the requirements of the law to prevent discrimination, harassment and bullying. The Respectful Workplace Policy for the prevention of discrimination, harassment and bullying policy and procedure can be found at https://www.cityu.edu/discover-cityu/about-cityu/ under the Policies section or at https://www.cityuniversity.ca/about/.

Religious Accommodations

City University of Seattle has a policy for accommodation of student absences or significant hardship due to reasons of faith or conscience, or for organized religious activities. The University's policy, including more information about how to request an accommodation, is available in the University Catalog and on the my.cityu.edu student portal. Accommodations must be requested by the 20% mark of this course (e.g. day 14 of a ten-week course, day 7 of a 5-week course) using the Religious Accommodations Request Form found on the student dashboard in the my.cityu.edu student portal.

Academic Integrity

Academic integrity in students requires the pursuit of scholarly activity that is free from fraud, deception and unauthorized collaboration with other individuals. Students are responsible for understanding CityU's policy on academic integrity and adhering to its standards in meeting all course requirements. A complete copy of this policy can be found in the <u>University Catalog</u> under *Student Rights and Responsibilities* on the page titled *Academic Integrity Policy*.

Attendance

Students taking courses in any format at the University are expected to be diligent in their studies and to attend class regularly.

Regular class attendance is important in achieving learning outcomes in the course and may be a valid consideration in determining the final grade. For classes where a physical presence is required, a student has attended if they are present at any time during the class session. For online classes, a student has attended if they have posted or submitted an assignment. A complete copy of this policy can be in the <u>University Catalog</u> under *Student Rights and Responsibilities* on the page titled *Attendance*.

Final Assignment Due Date

Final assignments for each class at CityU must be due on or before the final date of the course as indicated in the university's course information system. Due dates that extend beyond the final date of the course may negatively impact tuition funding for students.

Support Services

Disability Services Accommodations Statement

Students with a documented disability who wish to request academic accommodations are encouraged to contact Disability Support Services to discuss accommodation requests and eligibility requirements. Please contact Disability Support Services at <u>disability@cityu.edu</u> or 206.239.4752 or visit the <u>Disability Support Services</u> page in the my.cityu.edu portal. Confidentiality will be observed in all inquiries. Once approved, information about academic accommodations will be shared with course instructors.

Library Services

CityU librarians are available to help students find the resources and information they need to succeed in this course. Contact a CityU librarian through the <u>Ask a Librarian</u> service, or access <u>library resources and services online</u>, 24 hours a day, seven days a week.

Smarthinking Tutoring

CityU students have access to free online tutoring offered through Smarthinking, including writing support, from certified tutors 24 hours a day, seven days a week. Contact CityU's Student Support Center at <u>help@cityu.ed</u> to request a user name and password.

Date	Action Item(s)
(Weeks One and Two)	 Module One (two weeks) Read materials found in "Start Here" folder; Save course syllabus to your files (you'll need to submit this to the Department of Health with your application materials); Take Syllabus Quiz (located in "Assignments/Tests" folder. You must pass with 100% before Module 1 will be released); Complete Module 1 (completing Module 1 Quiz will release Module 2)
(Weeks Three and Four)	 Module Two (two weeks) Complete Module 2 (completing Module 2 Quiz will release Module 3)
(Week Five)	 Module 3 Complete Module 3 (completing Module 3 Quiz will release Module 4) Respond to course facilitator's <u>mid-course survey</u>
(Week Six)	 Module 4 Complete Module 4 (completing Module 4 Quiz will release Module 5)

Course Schedule

(Week Seven)	 Module 5 Complete Module 5 (completing Module 5 Quiz will release
(Maak Fight)	Module 6)
(Week Eight)	 Module 6 Complete Module 6 (completing Module 6 Quiz will release Module 7)
(Week Nine)	 Module 7 Complete Module 7 (completing Module 7 Quiz will release Module 8)
(Week Ten)	 Review materials to prepare for final exam Respond to course facilitator's <u>late-course survey</u> Compete final exam

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